

## GUEST BEDROOM

This bedroom has been designed to create your perfect calming sanctuary

With furniture made from natural materials, calming colour palettes, planting and wall art that allows you to be whisked away to another world away from reality.

### Sky Glass: award-winning smart TV

You could choose from five unique colours to compliment this room's patterns. We've opted for the racing green 55" Sky Glass TV to perfectly contrast and stand out in the room. TV never looked so good.



### GET THE LOOK

#### ART & ACCESSORIES

- Ikea**
- Bjorksta framed picture
  - Fejka artificial potted plant

#### DECORATING

##### Earthborn Paint

- Walls 'Tuffet'
- Ceiling 'bugle'
- Skirting 'tuffet'

#### FLOORING

##### Furlong Flooring

- Sirona - Mayflower Oak 24929

#### FURNITURE

##### Knights Wood Studio

- Bed
- Mattress

##### Ikea

- Malm chest of drawers

#### LIGHTING

##### Ikea

- Dejsa table lamp

#### SOFT FURNISHINGS

##### Duvet Hog

##### Secret linen Store

- Sage Stripe 100% Linen Bed Linen
- Natural Porto Cotton Linen Throw
- White 100% Organic Hemp Bed Linen

##### Rugs Direct

- PENNY EUCALYPTUS by Origins

##### Ikea

- Ringblomma roman blind

### TOP TIPS

- Pick a calming colour pallet, with Earthborn paint.
- Choose Bedsheets that are 100% linen. Linen's breathable and moisture wicking qualities help keep you cool when it's hot and warm when it's cool, so you always get the perfect night's sleep.
- Pick furniture that's a natural material, Studies have shown that having natural products can help relieve stress, increase cognitive abilities, and make the user feel much calmer and centred. Having a positive space is crucial for good mental health, and natural products can add to it.
- Pick wall art that compliments your space, and makes you at one with nature.



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